

Lesson No.	Lesson Title	Learning Outcomes	Content	Key Vocabulary
1	Growing and changing in nature	<ul style="list-style-type: none"> <li>Describe seasonal changes.</li> <li>Use key vocabulary relating to natural change, e.g. weather, seasons, cold, hot.</li> <li>Describe the life cycle of an animal.</li> </ul>	Children explore season of summer – use senses to explore what summer is. Look at photographs together of winter – compare. Talk about changes when the weather gets warmer (things grow and change). Talk about being safe in the sun – what does this mean? Activity- Season sorting activity in tuff tray. Talk to the children about the seasons. What do they know? What happens at different times of the year? Model vocabulary and encourage children to think about their own experiences of different weather and seasons.	Season names (Summer/ Winter) Sun hat Sun cream Shade
2	Growing and changing in nature	<ul style="list-style-type: none"> <li>Describe seasonal changes.</li> <li>Use key vocabulary relating to natural change, e.g. weather, seasons, cold, hot.</li> <li>Describe the life cycle of an animal.</li> </ul>	Go on a 'Seasons walk' on the field. Children collect natural objects/take magnifying glasses etc. Talk to the children about what they can see now, compared to when you would go on a walk in the winter. Share ideas together. Revisit The Very Hungry Caterpillar and within continuous provision, have 'The Very Hungry Caterpillar' small world and life cycle activities set up for children to explore.	Season names (Summer/ Winter) Caterpillars Eggs Cocoon
3	When I was a baby	<ul style="list-style-type: none"> <li>Talk about how babies change as they grow.</li> <li>Explain what babies need and how this changes as they grow.</li> <li>Share their own experiences and listen to those of the others.</li> </ul>	Show the children photographs of babies. This could include staff, pupils or internet search engine images. Talk about how they are different (hair/teeth/sitting/crawling/walking etc.) What sort of things does a baby do? What does a baby need? How are we different to a baby? Do the babies have hair/teeth? Are they sitting, crawling, walking etc.? Are babies able to talk? How do they let people know how they feel? Activity- Washing babies in the water tray outside and discussing with children the differences between themselves and babies.	Babies Growing Changing Bottles Dummy Nappies Crawling
4	When I was a baby	<ul style="list-style-type: none"> <li>Talk about how babies change as they grow.</li> <li>Explain what babies need and how this changes as they grow.</li> <li>Share their own experiences and listen to those of the others.</li> </ul>	Discuss how when people grow up they can be different things (occupations). Look at some examples of different jobs. Activity- Share a Circle Time together to talk about what they would like to be and why. Dress-up day. Invite children to come to Nursery dressed up as what they would like to be when they grow up.	Growing up  Occupations Teacher Doctor Dentist Vet

5	Boys, girls and families	<ul style="list-style-type: none"> <li>● Talk about the similarities and differences between the males and females.</li> <li>● Begin to play inclusively with their friends, regardless of their sex (if not already doing so.)</li> <li>● Think differently and more openly about what a family may look like.</li> </ul>	<p>Share a Circle Time together and discuss whether boys and girls are different. Discuss whether boys and girls like the same things. Do they look the same? How are they different? Do you have friends that are the same as you? How are we different? Naturally ask if boys and girls have the same bodies and discuss what children know. Use correct terminology to explain differences.</p> <p>If differences in private body parts arise, then name them and discuss keeping them private: Who can see these parts? Who can we show them to? How do we keep them private? How can we keep them clean?</p> <p>Read books 'Pants' or 'Aliens Love Underpants' together, depending on whether children identify private parts. If needed, watch NSPCC Pantosaurus clip</p> <p><a href="https://www.nspcc.org.uk/keeping-childrensafe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-childrensafe/support-for-parents/pants-underwear-rule/</a></p>	If needed (penis and vulva) "Privates" Underwear Pants
6	Boys, girls and families	<ul style="list-style-type: none"> <li>● Talk about the similarities and differences between the males and females.</li> <li>● Begin to play inclusively with their friends, regardless of their sex (if not already doing so.)</li> <li>● Think differently and more openly about what a family may look like.</li> </ul>	<p>Talk about how there are different types of families.</p> <p>On the whiteboard, show pictures of different families (some with two mummies, one daddy, some children living with grandparents etc.)</p> <p>Promote the understanding that all families are different but all provide love, care and security.</p> <p>Activity – Children draw a picture of their families. Share each other's drawings – do they all look the same? How are they different?</p>	Family Love Care Together Mum Dad Different

