

Nursery Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Autumn 1	Me and my relationships	Marvellous Me	Marvellous Me	I'm Special	I'm Special	People who are special to me	People who are special to me
Autumn 2	Valuing difference	Me and my friends	Me and my friends	Friends and family	Friends and family	Including everyone	Including everyone
Spring 1	Being safe	People who keep me safe	People who keep me safe	Safety indoors and outdoors	Safety indoors and outdoors	What's safe to go into my body?	What's safe to go into my body?
Spring 2	Rights and respect	Looking after myself	Looking after myself	Looking after others	Looking after others	Looking after the environment	Looking after the environment
Summer 1	Being my best	What does my body need?	What does my body need?	I can keep trying	I can keep trying	I can do it	I can do it!
Summer 2	Growing and changing	Growing and changing in nature	Growing and changing in nature	When I was a baby	When I was a baby	Girls, boys and families	Girls, boys and families

Reception 1 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Autumn 1	Me and my relationships	All about me	What makes me special	Me and my special people	Who can help me?	My feelings	My feelings
Autumn 2	Valuing difference	I'm special, you're special	Same and different	Same and different families	Same and different homes	Kind and caring	I am a friend
Spring 1	Keeping safe	What's safe to go onto my body	What's safe to go into my body (including medicines)	Safe indoors and outdoors	Listening to my feelings (includes safe and unsafe touch)	Keeping safe online	People who help to keep me safe
Spring 2	Rights and respect	Looking after my special people	Looking after my friends	Being helpful at home and caring for our classroom	Caring for our world	Looking after money (1): recognising, spending, using	Looking after money (2): saving money and keeping it safe
Summer 1	Being my best	Bouncing back when things go wrong	Yes, I can!	Healthy eating	My healthy mind	Move your body	A good night's sleep
Summer 2	Growing and changing	Seasons	Life stages - plants, animals, humans	Life Stages: Human life stage - who will I be?	Where do babies come from? Different types of families focus	Getting bigger	Me and my body - girls and boys

Year 1 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Why we have classroom rules	How are you listening ?	Thinking about feelings	Our feelings	Feelings and bodies	Good friends	
Autumn 2	Valuing difference	Same or different?	Unkind, tease or bully?	Harold's school rules	It's not fair !	Who are our special people	Our special people balloons	
Spring 1	Keeping safe	Super sleep	Who can help?	Good or bad touches ?	Sharing pictures	What could Harold do?	Harold loses Geoffrey	Sharing pictures (Lesson to be taught in a Computing lesson during this halfterm)
Spring 2	Rights and respect	Harold has a bad day	Around and about the school	Taking care of something	Harold's money	How should we look after our money?	Basic first aid	
Summer 1	Being my best	I can eat a rainbow	Eat well	Harold's wash and brush up	Catch it bin it kill it	Harold learns to ride his bike	Pass on the praise	
Summer 2	Growing and changing	Healthy me	Then and now	Taking care of a baby	Who can help? (2)	Surprises and secrets	Keeping privates private	

Year 2 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Our ideal classroom (1)	Our ideal classroom (2)	How are you feeling today?	Lets all be happy	Bering a good friend	Types of bullying	Don't do that
Autumn 2	Valuing difference	What makes us who we are?	My special people	How do we make others feel?	When someone is feeling left out	An act of kindness	Solve the problem	
Spring 1	Keeping safe	Harold's picnic	How safe would you feel?	What should Harold say?	Fun or not?	Should I tell?	Some secrets should never be kept	
Spring 2	Rights and respect	Getting on with others	When I feel like erupting	Feeling safe	Playing games	Harold saves for something special	How can we look after our environment	Playing games (To be taught in a Computing lesson during this half-term)
Summer 1	Being my best	You can do it!	My day	Harold's postcard - helping us to keep clean and healthy	Harold's bathroom	What does my body do?	Harold's bathroom	Basic first aid
Summer 2	Growing and changing	A helping hand	Sam moves away	Haven't you grown!	My body, your body	Respecting privacy	Some secrets should never be kept	

Year 3 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	As a rule	Looking after our special people	How can we solve this problem?	Friends are special	Thanks	Dans dare	My special pet (optional)
Autumn 2	Valuing difference	Respect and challenge	Family and friends	My community	Our friends and neighbours	Let's celebrate our differences	Zeb	
Spring 1	Keeping safe	Safe or unsafe?	Danger or risk?	The Risk Robot	Super searcher	Help or harm?	Alcohol and cigarettes: the facts	
Spring 2	Rights and respect	Helping each other to stay safe	Recount task	Our helpful volunteers	Earning money	Harold's environment project	Let's have a tidy up (optional)	
Summer 1	Being my best	Derek cooks dinner! (healthy eating)	Poorly Harold	Body team work	For or against	I am fantastic	Top talents	
Summer 2	Growing and changing	Relationship Tree	Body Space	None of your business	Secret or surprise?	Getting on your nerves	Basic first aid	

Year 4 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Human machines	Ok or not ok? (part 1)	Ok or not OK (2)	An email from Harold	Different feelings	When feelings change	Under pressure
Autumn 2	Valuing difference	Can you sort it?	What would I do ?	The people we share our world with	What would I do?	That's such a stereotype	Friend or acquittance	Islands
Spring 1	Keeping safe	Danger, risk or hazard?	How dare you!	Keeping ourselves safe	Raisin challenge (2)	Picture wise	Medicines check the label	
Spring 2	Rights and respect	Who helps us stay healthy and safe?	It's your right	How do we make a difference?	In the news!	Safety in numbers	Why pay taxes?	
Summer 1	Being my best	What makes me ME!	Making choices	SCARF Hotel	Harold's Seven Rs	My school community (1)	Basic first aid	
Summer 2	Growing and changing	Moving house	My feelings are all over the place!	All change!	Preparing for changes at puberty)	Secret or surprise?	Together	

Year 5 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Collaboration Challenge!	Give and take	How good a friend are you?	Relationship cake recipe	Our emotional needs	Being assertive	Communication (optional)
Autumn 2	Valuing difference	Qualities of friendship	Kind conversations	Happy being me	The land of the Red People	Is it true?	Stop start stereotypes	
Spring 1	Keeping safe	Spot bullying	Play, like, share	Decision dilemmas	Ella's diary dilemma	Vaping :healthy or unhealthy	Would you risk it?	
Spring 2	Rights and respect	What's the story?	Fact or opinion?	Mo makes a difference	Rights, respect and duties	Spending wisely	Lend us a fiver	
Summer 1	Being my best	It all adds up	Different skills	My school community (2)	Independence and responsibility	Star qualities?	Basic 1 st aid including sepsis awareness	
Summer 2	Growing and changing	How are they feeling	Taking notice of our feelings	Dear Ash	Growing up and changes	Help! I'm a teenager - get me out of here!	Dear Hetty	

Year 6 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Working together	Solve the friendship problem	Behave yourself	Assertiveness skills	Don't force me	Acting appropriately	
Autumn 2	Valuing difference	OK to be different	We have more in common than not	Respecting differences	Tolerance and respect for others	Advertising friendships!	Boys will be boys? - challenging gender stereotypes	
Spring 1	Keeping safe	Think before you click?	To share or not to share?	Rat park	What sort of drug is..?	Drugs it's the law	Alcohol : what is normal?	
Spring 2	Rights and respect	Two sides to every story	Fakebook friends	What's it's worth ?	Happy shoppers - caring for the environment	Democracy in Britain 1 - Elections	Democracy in Britain 2 - How (most) laws are made	
Summer 1	Being my best	This will be your life	Our recommendations	What's the risk (1)	What's the risk? (2)	Basic first aid including sepsis awareness	Five ways to wellbeing project	
Summer 2	Growing and changing	I look great	Media manipulation	Pressure online	Helpful or unhelpful	Is this normal? (Puberty)		

